



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 WW Long John Fruit Choice Juice Choice Milk	2 Breakfast Pizza Fruit Choice Juice Choice Milk
5 French Toast Sticks Syrup Fruit Choice Juice Choice Milk	6 Breakfast Pizza Fruit Choice Juice Choice Milk	7 Cheese Omelet Fruit Choice Juice Choice Milk	8 WW Long John Fruit Choice Juice Choice Milk	9 No School
12 French Toast Sticks Syrup Fruit Choice Juice Choice Milk	13 Breakfast Pizza Fruit Choice Juice Choice Milk	14 Cheese Omelet Fruit Choice Juice Choice Milk	15 WW Long John Fruit Choice Juice Choice Milk	16 Breakfast Pizza Fruit Choice Juice Choice Milk
19 French Toast Sticks Syrup Fruit Choice Juice Choice Milk	20 Breakfast Pizza Fruit Choice Juice Choice Milk	21 Cheese Omelet Fruit Choice Juice Choice Milk	22 Happy Thanksgiving	23 No School
26 French Toast Sticks Syrup Fruit Choice Juice Choice Milk	27 Breakfast Pizza Fruit Choice Juice Choice Milk	28 Cheese Omelet Fruit Choice Juice Choice Milk	29 WW Long John Fruit Choice Juice Choice Milk	30 Breakfast Pizza Fruit Choice Juice Choice Milk

NUTRITION BAR

Included with your meal and offered daily.
Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email the Food Service Director at boydenhull@aviands.com or call 712-725-2381