



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Toasty Grilled Cheese Steamed Mixed Vegetables Tomato Soup	2 Creamy Chicken & Rice Casserole Steamed Green Beans Fresh Baby Carrots Dinner Roll	3 Beef Enchilada Rice Crisp Romaine Lettuce Fresh Diced Tomatoes Pinto Beans	4 Tater Tot Hot Dish Dinner Roll Fresh Baby Carrots	5 Cheeseburger Fresh Garden Salad Crisp Baked Fries
8 Cheesy Baked Ziti Sweet Corn Fresh Broccoli Trees	9 Swedish Meatballs w/Penne Pasta Black Beans Diced Tomatoes	10 Honey Glazed Pork Dinner Roll Mashed Potatoes Baby Carrots	11 Sweet & Sour Chicken Nuggets Brown Rice Glazed Carrots Fresh Broccoli	12 Pepperoni Pizza Crisp Garden Salad Steamed Green Beans
15 Golden Corn Dog Toasty Tater Tots Crunchy Baby Carrots	16 Crispy Chicken Parmesan Spaghetti Italian Vegetables	17 BBQ Pulled Pork Sandwich Sweet Potato Waffle Fries Corn	18 Cheesy Beef Nachos Pinto Beans Salsa	<p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">No School</p>
22 Homemade Mac & Cheese Golden Breadstick Steamed Peas Cherry Tomatoes	23 Crispy Chicken Bowl Fresh Baby Carrots Mashed Potatoes	24 Spaghetti w/ Meat Sauce Garlic Breadstick Steamed Italian Vegetables	25 Walking Taco Cilantro-Lime Rice Mexi-corn Crisp Romaine Lettuce Black Beans	26 Hot Dog Fresh Garden Salad Seasoned Green Beans Crisp Baked Fries
29 French Toast Sticks Cheesy Scrambled Eggs Tater Tots Baby Carrots	30 Chicken Fajitas Pinto Beans Lettuce Diced Tomatoes Salsa	Alternatives Mon: Hot Ham Tues: Turkey Sub Wed: Hot Dog Thurs: Ham Sub Fri: Chicken Patty	Broccoli 	 <p>ChooseMyPlate.gov</p>

NUTRITION BAR

Included with your meal and offered daily.
 Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email, Sherri Lokhorst,
 Food Service Director at boydenhull@aviands.com or call
712-725-2381



This institution is an equal opportunity provider