

# Newton's Eat-In Adventure

# AUGUST 2019

BOYDEN- HULL  
ELEMENTARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Choose <b>MyPlate</b>.gov</p>		1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	<b>27</b> <b>Crispy Chicken Bowl</b> Fresh Baby Carrots Mashed Potatoes  ALT: Ham Sub	<b>28</b> <b>Spaghetti w/ Meatsauce</b> Garlic Bread Stick Popeye Salad Italian Vegetables  ALT: Turkey Sub	<b>29</b> <b>Walking Taco</b> Cilantro- Lime Rice Mexi- Corn Romaine Lettuce Black Beans  ALT: Hot Dog	<b>30</b> <b>Cheese Pizza</b> Garden Salad Green Beans  ALT: Cheeseburger

## NUTRITION BAR

Included with your meal and offered daily.  
Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email the Food Service  
Kayla Oldenkamp Director at  
[Kayla.Oldenkamp@Aviands.com](mailto:Kayla.Oldenkamp@Aviands.com)

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