



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Mon- Hot Ham Tues- Turkey Sub Wed- Hot Dog Thurs.- Ham Sub Fri- Popcorn Chicken	1 Sweet & Sour Chicken Nuggets Brown Rice Orange Glazed Carrots Fresh Broccoli Trees	2 Green Eggs & Ham Green Beans Garden Salad
5 Chicken Fried Rice Lettuce Baby Carrots	6 Crispy Chicken Parmesan Spaghetti Fresh Salad Italian Vegetables	7 BBQ Pulled Pork Sandwich Sweet Potato Waffle Fries Corn	8 Chicken Nachos Pinto Beans Salsa Lettuce	9 Cheese Pizza Ranch Jo Jo's Fresh Garden Salad
12 Hot Dog Green Beans Lettuce	13 Crispy Chicken Bowl Mashed Potatoes Baby Carrots	14 Spaghetti w/ Meat Sauce Garlic Breadstick Fresh Salad Italian Vegetables	15 Walking Taco Zesty Spanish Rice Mexi-corn Crisp Romaine Lettuce	16 No School
19 Homemade Mac & Cheese Warm Breadstick Steamed Peas Fresh Baby Carrots	20 Delicious Chicken Fajitas Pinto Beans Crisp Romaine Lettuce Fresh Diced Tomatoes Salsa	21 Crunchy Frito Pie Crisp Romaine Lettuce Fresh Cherry Tomatoes	22 Cheesy Beef Pasta Bake Mixed Vegetables Fresh Celery Sticks Garlic Breadstick	23 Cheeseburger Fresh Garden Salad Crisp Baked Fries
26 Toasted Waffle Breakfast Sandwich Tri Tater Fresh Broccoli Trees	27 Golden Corn Dog Tangy Coleslaw Fresh Baby Carrots	28 Cheesy Beef Nachos Refried Beans Crisp Romaine Lettuce Fresh Diced Tomatoes	29 No School	30 No School

NUTRITION BAR

Included with your meal and offered daily.
Choose from a variety of fresh fruits or vegetables.

- For questions and comments, please email The Food Service Director, Sherri Lokhorst at boydenhull@aviands.com or call 712-725-2381